



Welcome to

MUIRTON HOUSE CARE HOME

B L A I R G O W R I E



Essendy Road, Blairgowrie. PH10 6QU

Tel: 01250 872 113 Email: admin@muirton.care Web: www.muirton.care



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Muirton House Care Home is a specialist nursing & dementia care home situated in Blairgowrie.

The home is managed by Shirley Law who is a qualified nurse with many years of senior management & leadership experience.

“We aim to improve the lives of all our residents by using a person-centred approach in our care and support, and by aiming for best practice at all times. We strongly believe that we will treat everyone as unique individuals who deserve to be treated with dignity and respect”

Shirley Law



We are registered with the Care inspectorate and inspected on a regular basis.
We are also inspected by environmental health and the fire department.

Aims & Objectives

At **Muirton House Nursing Home** we offer a highly professional but personal service in a homely environment for all our residents. We deliver our care with patience, kindness and understanding.

We very much understand the importance of personal and individually focussed care and recognise that in order to achieve this good communication between all members of the care team including the residents and their family is essential.



Individuality

We always emphasise individuality and have staff who have the time and experience to give each person the attention that they deserve.

Dignity

By using regularly updated care plans which are completed by the resident's key worker and registered nurse along with the resident and family we ensure that we understand the resident's needs and always treat them with respect.

Independence

Some of our residents have only modest care requirements whilst others require 24 hour nursing care. We always allow a resident wher-ever possible to make their own decisions and maintain as much independence as possible.

Fulfilment

We will help each resident to realise their own aims and will always help them to achieve these goals in all aspects of daily living.

Choice

Residents have the choice to choose from a range of options such as which social activities to choose, where to sit, eat and who to socialise with.

Privacy

We always respect all individuals' rights to privacy and all residents can have a key to their bedroom if they wish. Carers will always ask to enter a room and residents do not have to use communal areas of the home unless they wish to do so.

Quality of Care

At Muirton House Care Home we aim to provide expert care for all types of requirements. We provide a highly professional but personal service in a homely environment and families can be safe in the knowledge that their relative is being cared for with patience, kindness and understanding.

We offer an off-site assessment service where the manager will visit an individual at home or in hospital and conduct an assessment to consider the degree of care that will be needed so that the appropriate nursing care can be delivered.

This also helps with the move and it is always our aim to ensure that all residents feel at home and confident in their new surroundings.

We provide individualised care plans agreed by care staff, residents and their families. Each resident has their own key carer or named nurse, whose initial aim is to get to know as much about each resident as possible.

All residents have a personal care plan which includes information to help us achieve the very best of care and the level of support that is needed.

Care plans are reviewed each 6 months to ensure that no problems arise with care, as well as complete individual risk assessments as and when the need arises.

Along with the resident and family, the key carer will take a life history looking at background, religious and cultural beliefs as well as activities and interests that each individual enjoys.

We encourage and promote the need for residents to continue with hobbies, interests and activities that they participated in prior to moving into Muirton House.

All residents have their own room and these can be made as individual as possible. We always encourage people to bring in small pieces of their own furniture such as a favourite chair, pictures, ornaments etc.

Cuisine

Meals are all prepared on site by our fully qualified catering team. We try to ensure that meals are kept as varied as possible and to suit a variety of dietary requirements.

Meals

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Meal times are:	
Breakfast:	8am – 9.30am
Lunch:	12.30 midday
Dinner:	5.00pm onwards

There is also mid morning drinks, afternoon tea and early evening supper where all residents have home made baking, sandwiches, fruit and a selection of drinks.



Activities

On admission to Muirton House, as part of their life history the key worker will talk to a resident and their family about their hobbies and interests and any new interests they might like to try.

Wherever we can we try to encourage people to continue with interests they had before moving in.

Activities are planned on a weekly basis such as quiz games, easy exercise, arts and crafts and games either individually or as part of a group.

There are regular outings within the local community and especially in the summer outings are planned on a regular basis.

Residents are also encouraged to take part in activities that are simply part of everyday living such as baking, looking after their own room and gardening.

Regular BBQs and outdoor activities are really popular.

Gardening club takes place every week
- weather permitting.

We have parties at Christmas, Halloween, Burns suppers to name a few and families are always warmly invited to attend.



Services

Providing residents with personalised healthcare, daily support, and a range of essential services to make life comfortable & convenient.

Doctor <hr/> <p>Muirton House have a weekly visit by the local GP and any residents who wish to register with this practice can arrange this through the manager. The GP will call at any time a resident needs assistance. The local pharmacist keeps supplies all required medication.</p> <p>Residents are welcome to keep their own doctor, dentist or optician if they wish. Alternatively we can arrange for each person to be seen by the professionals who visit on a regular basis. There will be a separate fee for those residents not covered by the NHS.</p>	Laundry <hr/> <p>We have a team of housekeepers who look after the cleaning and laundry.</p> <p>There is a dedicated laundry manager on duty each day and all personal clothing is delivered back to each resident on a daily basis at no extra charge. All bedding, towels etc are provided and laundered by the home.</p>	Religious Faith <hr/> <p>Muirton House have a monthly service to which all residents are welcome followed by afternoon tea. Any resident wishing to keep in touch with their local place of worship will be assisted to do so.</p>
Chiropodist & Optition <hr/> <p>Visits on a regular basis.</p>	Dentistry <hr/> <p>The dentist visits on a regular basis.</p>	Personal Dry Cleaning <hr/> <p>This can be arranged at an additional cost.</p>
Physiotherapy <hr/> <p>Can be arranged as required</p>	Hairdressing <hr/> <p>The hairdresser visits each building weekly and a beautician can also visit for those residents wanting a manicure or facial. (Extra charge)</p>	Newspapers <hr/> <p>We have papers delivered daily for the lounge rooms but we can arrange individual papers at additional cost.</p>

Other Words on our Care Homes

We are pleased to share with you some reviews from families and friends of people we have cared for.

"From our first contact with the Muirton House Care Home Manager, my sister and I were very impressed.

Very open and informative, given a tour of the EMI unit, shown my aunt's room.

Environment is immaculate and tastefully furnished and very welcoming.

Our standards and expectations were met as both were previous NHS nurses and only accept quality care.

Since her stay in Muirton House Care Home, we have found the staff to be professional and very caring towards my aunt.

We are updated on her care we have no concerns that we are leaving her care to an attentive team.

The attention to detail is evident from her care to her nutrition and her clothing is immaculately laundered.

All the Muirton House team are always approachable and available, admin staff often meet and greet and make the experience very personable.

A true sense of positive leadership shines through our aunt's care and gives my sister and I peace of mind."

"The care provided to my mother is beyond what I thought capable in a home with so many residents.

From the cooks and cleaner to the nurses, carers, managers and handymen. It is not just for show while visits are present, it is constant care and attention.

This is how every elderly person should be cared for. Cleanliness is also outstanding, and the grounds are beautiful."

"Care is second to none. Very caring, considerate and helpful. My husband is always clean and tidy, he eats well and I feel there is always help on hand if he has difficulty feeding himself. The atmosphere is happy, calm and caring. Most importantly, I feel confident that he is well looked after and this makes me feel much happier."

"My brother has been in Muirton House for several years. During this time his care has been excellent and we are very grateful to all the staff for the support they give him.

Living at a distance, it is reassuring to know that he is being well looked after.

Muirton House is situated in lovely surroundings and both the home and its grounds are extremely well maintained with the needs of its residents always a priority."

"My mother is well cared for, the staff are dedicated and hard-working.

They are always willing to go the extra mile to help.

They are very friendly and welcoming to us when we visit.

Northlands has a warm and caring atmosphere and I am confident that my mother is being well looked after.

Management of the home is excellent."

"Muirton House Care Home has a lovely atmosphere which feels like a family home.

We were invited to personalise my mother's room on her admission there in 2017. As a family, we did this and appreciated such an invitation."

"Muirton House Care Home is simply one of the best care homes I have seen. The staff are friendly and kind and the care they provide is excellent.

I had looked at many places for residing my brother and this was my first choice of them all. I was so happy when a place was available.

They have fun activities for the residents and they even have a sensory garden. I am so happy with the care and standard of the home."

Your Notes

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Getting in Touch

Get in touch with Muirton House Care Home to discuss admissions, ask questions, or arrange a visit with our friendly team.

Telephone Us

01250 872 113

Email Us

admin@muirton.care

Our Website

www.muirton.care

Find Us

Muirton House Care Home
Essendy Road
Blairgowrie
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Care Inspectorate

Service no. CS2010249523
Provider no. SP2010010907

Service provider

Woodroyd Care Ltd.
Company no. SC371177





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